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Wild Surrender: A Journey Into Painting, Poetry, And Life



Synopsis

Wild Surrender is an exploration into mixed media with Mindy Lacefield. She marries poetry with art and in the end what is revealed is a soulful foundation....that is tender and raw. Also included in this book are tutorials to how to paint a face and colors used as well as journal and painting prompts. There are lots of surprises including over 200 pieces of works throughout her art career. This is truly an inspirational book with truths about her childhood and how she achieves clarity and oneness through stillness meditation.

Book Information

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Customer Reviews

This sweet book is like owning one of Mindy's own art journals or sketchbooks. It's filled to brimming with Mindy's beautiful art, the gentle wisdom of her poems and observations and a generous serving of inspiration. Opening the cover is much like entering into a magical and sacred place. I felt welcomed into Mindy's world and more importantly; her heart. I truly believe part of her soul lies between the pages which makes the book all that more special. I can't say enough good things about it. What I can say that it is book worth owning and keeping near one's favorite, comfy chair.

I am about one-third of the way through the book and I just had to stop and do my review. The poetry is so poignant and the paintings capture my heart every time I see one. There are many, many paintings in the book that inspire me to create. A huge bonus are the instructions for creating her lovely little faces. If you are a fan of Mindy's style, you will love this book.

Being a Mindy fan I could not wait for this book to come back in stock. Finally it came. The art and

color are a feast for the eyes! But while I loved Mindy's art, insight and writings, the book quality was a disappointment. All her lovely work was printed on cheap very thin paper that felt more like a pamphlet than a book! What a shame. I was misled by other reviews of it being a good coffee table book - not for my coffee table, it won't hold up. Like some of the other reviewers I too was hoping for more art instruction but am more than happy with all the wonderful art and musings Mindy has shared with us. Please, please have this gorgeous book reprinted by a quality printer!

Inspiring. Lyrical. And her fabulous gorgeous art. Mindy also gives you clear step-by-step nothing-held-back instruction. So worth every cent. It is so much more than the typical art book. It is like sitting down with your new best friend and hearing about her heart, her journey, and then feasting your eyes on all her beautiful creations.

This book has been really meaningful to me- not only does it include a ton of Mindy Lacefield's colorful work, it also includes some of her poetry, which is beautiful (and I don't consider myself a die-hard poetry fan). There is a short tutorial in the pages on how to re-create Lacefield's iconic "face", but really this is just a beautiful collection of her work through the years and a chance to really examine it more closely than the computer screen. Highly recommended.

This book is full of Mindy's gorgeous artwork and poetry. I love that it captures so much of her work over the years and includes her process for painting her faces. Mindy is a lovely teacher in person and her book captures her gentle spirit well. So thankful that she put her work out into the world in this format!

Visual treat for sure. Mindy's work is inspirational. Wish there were more instructions though but glad I have this book.

Nice little picture book but not much to learn here.

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